IRON MAN RUNNING CLUB

Thomas Elementary Boy's Running Program

EXPERIENCE THE AFTER-SCHOOL RUNNING PROGRAM THAT TEACHES BOYS (GRADES 4-5)

CHARACTERISTICS OF BEING A STRONG LEADER;

SOMEONE WHO IS MENTALLY, PHYSICALLY AND EMOTIONALLY HEALTHY.

EACH MEETING INCLUDES GROUP ACTIVITIES, DISCUSSIONS, AND **EXERCISE!**

-MONDAYS AND THURSDAYS 3:15 - 4:15 PM

-MARCH 11TH - APRIL 18TH

-\$30 REGISTRATION FEE INCLUDES A GUARDIAN RUN T-SHIRT AND OTHER RUNNING CLUB SWAG

-TEAM 5K RUN ON APRIL 20th

Registration Deadline:

FRIDAY, FEBRUARY 23rd



REGISTRATION CAN BE FOUND ONLINE. CLICK <u>HERE</u>, ON THE LINK IN THE EMAIL, OR FIND MORE INFORMATION AND A REGISTRATION LINK IN THE SCHOOL NEWSLETTER.

IF SELECTED PLEASE SEND **PAYMENT** TO THOMAS ELEMENTARY OFFICE; CASH OR CHECK. WRITE CHECKS OUT TO *GRETNA PUBLIC SCHOOLS* (\$30) AND INCLUDE YOUR CHILD'S NAME, ALONG WITH "IRON MAN RUNNING," IN THE MEMO. PLEASE SEND CASH IN AN ENVELOPE WITH YOUR CHILD'S NAME.

*IF INTERESTED IN VOLUNTEERING WITH OUR GROUP PLEASE EMAIL MR. HARRIGER @ nharriger@gpsne.org *